

**New Horizons**  
**Dental Associates, PLLC**

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**Dr. Paul M. Churder**    1660 Hopkins Road Suite 101    **Dr. Anthony M. Laforanara**  
Getzville, NY 14068  
Office (716) 689-7713    Fax (716) 689-1002  
Email: [twosleepdocs@verizon.net](mailto:twosleepdocs@verizon.net)

**Our office is located at the corner of Hopkins and Dodge Roads. There are no numbers on the building. Look for the Dr. Marti sign...Entrance to our office is in the parking lot facing Dodge Rd. Upon entering building we are the first door on the left.**

**From the 290:**

(fastest /less traffic) Take the exit for 990 (north) toward Lockport. Exit at North French and turn right onto North French.

Proceed through 3 traffic lights, the 3rd light is Hopkins Road, take a right. The next traffic light is the corner of Hopkins Road and Dodge Road. We are BEFORE the intersection on the right across from Rite Aid.

**OR**

(shorter distance/more traffic) Exit 290 at Millersport North, follow to Dodge, take a right on Dodge and proceed to the stop sign. Follow Dodge (it will veer to your left) our building is before the traffic light at Hopkins.

**From Main Street/Sheridan/Maple:**

Proceed to Hopkins Road (turn North) past the Hopkins and Klein intersection. We are at the next intersection, Hopkins and Dodge, kitty-corner to Williamsville North and across from Rite Aid.

**From Transit:**

Turn West onto North French and proceed to the intersection of North French and Hopkins. Take a left onto Hopkins Road. We are after the intersection of Hopkins and Dodge, on your right hand side across from Rite Aid.

**From Niagara Falls Blvd:**

Niagara Falls Blvd to Robinson; which turns into North French. Proceed past Sweet Home, Campbell and the 990 interchange. Proceed 3 traffic lights after you pass the 990 and the 3<sup>rd</sup> light is Hopkins Road-turn right. The next traffic light is the corner of Hopkins Road and Dodge Road. We are before the intersection on your right hand side across from Rite Aid.

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**Dr. Anthony M. Laforvara**

**INSURANCE INFORMATION FORM**

**Please fill out the following information so we can efficiently process your insurance claims**

**PATIENT NAME:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**MEDICAL INSURANCE CARRIER:** \_\_\_\_\_

**SUBSCRIBER #:** \_\_\_\_\_

**NAME (if other than patient):** \_\_\_\_\_

**DATE OF BIRTH (of subscriber):** \_\_\_\_\_

**SLEEP PHYSICIANS NAME:** \_\_\_\_\_

**OFFICE ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**OFFICE TELEPHONE #:** \_\_\_\_\_

**PRIMARY CARE PHYSICIAN'S NAME:** \_\_\_\_\_

**OFFICE ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**OFFICE TELEPHONE #:** \_\_\_\_\_

**GENERAL DENTIST'S NAME:** \_\_\_\_\_

**OFFICE ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**OFFICE TELEPHONE #:** \_\_\_\_\_

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## **SLEEP QUESTIONNAIRE**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: M \_\_\_ F \_\_\_

1. Are you aware of snoring? \_\_\_\_\_
2. Has it caused problems for relatives or friends? \_\_\_\_\_
3. Have you been told your breathing stops while sleeping? \_\_\_\_\_
4. Have you been told you move around a lot while asleep? \_\_\_\_\_
5. About how many times per night do you wake up? \_\_\_\_\_
6. Do you have any difficulty falling asleep at night? \_\_\_\_\_
7. How many hours of sleep per night do you get? \_\_\_\_\_
8. Do you most often wake up feeling refreshed? \_\_\_\_\_
9. Do you often wake up with a headache? \_\_\_\_\_
10. Will a small amount of alcohol give you a hangover? \_\_\_\_\_
11. Do you feel sleepy during the day? Frequently Occasionally Seldom Never
12. What other doctors have you seen about your snoring or sleep apnea?  
\_\_\_\_\_

13. Have you had a sleep lab study? Yes \_\_\_ No \_\_\_
14. Do you have difficulty breathing through your nose? Yes \_\_\_ No \_\_\_
15. Have you gained weight recently? Yes \_\_\_ No \_\_\_  
About how much? \_\_\_\_\_
16. Present body weight: \_\_\_\_\_ Height: \_\_\_\_\_ ft. \_\_\_\_\_ in.
17. What professional advice or treatment have you received about your snoring or sleep apnea?  
\_\_\_\_\_

## **EPWORTH SLEEPINESS SCALE**

Use the following scale to choose the most appropriate number for each situation.

- 0 = would never doze
- 1 = slight chance of dozing
- 2 = moderate chance of dozing
- 3 = high chance of dozing

<u>Situation</u>	<u>Chance of dozing</u>
Sitting and Reading	_____
Watching TV	_____
Sitting, inactive in a public place (e.g. theater or meeting)	_____
As a passenger in a car for an hour without a break	_____
Lying down to rest in the afternoon when circumstances permit	_____
Sitting and talking to someone	_____
Sitting quietly after lunch without alcohol	_____
In car, while stopped for a few minute in the traffic	_____
<b>Total:</b>	_____

**PATIENT INFORMATION AND HEALTH RECORD**

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone#

Home: \_\_\_\_\_ Office: \_\_\_\_\_ Cell: \_\_\_\_\_

Email address \_\_\_\_\_@\_\_\_\_\_

Place of employment: \_\_\_\_\_

In case of emergency contact: \_\_\_\_\_

Relation: \_\_\_\_\_

Telephone #: Home \_\_\_\_\_ Office \_\_\_\_\_ Cell: \_\_\_\_\_

Do you pre-medicate for dental visits?    Y    N

Are you allergic to any drugs? If so, what: \_\_\_\_\_

Have you been hospitalized or had surgery in the past 2 years? If so, please explain:

\_\_\_\_\_

Are you taking any medications at this time?

Medication	Dosage	Reason for taking
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Does your medical history include:

Anemia	Y	N	Alcoholism	Y	N
Arthritis	Y	N	Artificial joint	Y	N
Asthma	Y	N	Cancer	Y	N
Chronic Cough	Y	N	Depression	Y	N
Diabetes	Y	N	Epilepsy	Y	N
Excessive bleeding	Y	N	Fainting	Y	N
Glaucoma	Y	N	Hayfever	Y	N
Heart disease	Y	N	Heart murmer	Y	N
Hepatitis	Y	N	Herpes	Y	N
High blood pressure	Y	N	High cholesterol	Y	N
HIV/aids	Y	N	Jaundice	Y	N
Liver disease	Y	N	Pacemaker	Y	N
Radiation therapy	Y	N	Rheumatic fever	Y	N
Chronic sinus trouble	Y	N	Stroke	Y	N
Tuberculosis/lung disease	Y	N	Ulcer/GERD/acid reflux	Y	N
Venereal disease	Y	N	Are you pregnant?	Y	N
Thyroid Disease	Y	N	Due date	_____	

**Please add anything you feel is important for your health history:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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**CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION**

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**SECTION A: PATIENT GIVING CONSENT**

Name: \_\_\_\_\_

**SECTION B: TO THE PATIENT- PLEASE READ THE FOLLOWING STATEMENTS CAREFULLY.**

Purpose of Consent: By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities, and healthcare operations.

Notice of Privacy Practices: You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. Our Notice provides a description of our treatment, payment activities, and healthcare operations, of the uses and disclosures we may make of your protected health information, and of other important matters about your protected health information.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices, we will issue a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

You may obtain a copy of our Notice of Privacy Practices, including any revisions of our Notice, at any time by contacting:

Contact Persons: Anthony M. Laforanara, D.D.S., F.A.G.D. / Paul M. Churder, D.D.S., F.A.G.D.

Telephone: (716) 689-7713

Fax: (716) 689-1002

**E-mail: [twosleepdocs@verizon.net](mailto:twosleepdocs@verizon.net)**

Address: 1660 Hopkins Road, Getzville, NY 14068

Right to Revoke: You will have the right to revoke this Consent at any time by giving us written notice of your revocation submitted to the Contact Person listed above. Please understand that revocation of this Consent will *not* affect any action we took in reliance on this Consent before we received your revocation, and that we may decline to treat you or to continue treating you if you revoke this Consent.

I, \_\_\_\_\_, have had full opportunity to read and consider the contents of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment; payment activities and health care operations. I authorize the release of information regarding my health information to Dr. Anthony M Laforanara DDS FAGD.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_